



Nutrition Facts

PRODUCT DESCRIPTION

Product Name	CINNAMON STICKS - 2" TO 4" Batons de Cannelle 2" à 4"
Botanical Name	<i>Cinnamomum cassia</i>
Item No	144

Nutrition Facts		Valeur nutritive	
Per 1/8 cup (10 g)		Par 1/8 Coupe (10 g)	
Amount	% Daily Value	Teneur	% Valeur quotidienne
Calories 26		Calories 26	
Fat 0.32 g	<1%	Lipides 0,32 g	<1%
Saturated 0.066 g	<1%	saturés 0,066 g	<1%
+ Trans 0 g		+ trans 0 g	
Cholesterol 0 mg	0%	Cholestérol 0 mg	0%
Sodium 2 mg	<1%	Sodium 2 mg	<1%
Carbohydrate 8.21 g	3%	Glucides 8,21 g	3%
Fibre 5.5 g	22%	Fibres 5,5 g	22%
Sugars 0.22 g		Sucres 0,22 g	
Protein 0.3 g		Protéines 0,3 g	
Vitamin A 1%	Calcium 11%	Vitamine A 1%	Calcium 11%
Vitamin C 2%	Sodium <1%	Vitamine C 2%	Sodium <1%
Iron 28%		Le fer 28%	

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